



WUSHU ASSOCIATION OF INDIA

SELECTION POLICY

SELECTION POLICY FOR BRICS GAMES, 10TH ASIAN WUSHU CHAMPIONSHIP-2024 AND IWUF APPROVED EVENTS

- BRICS GAMES TO BE HELD AT KAZAN (RUSSIA) FROM 11-17TH JUNE -2024
- 10TH ASIAN WUSHU CHAMPIONSHIP TO BE HELD AT MACAU (CHINA) FROM 9 TO 16TH SEPTEMBER 2024
- PARAS CUP TO BE HELD IN IRAN IN THE MONTH OF JULY 2024

Final Selection trial for the BRICS Games will be held on 3-4th April 2024.

The Event Details are as under :-

- Sanda: (M) 52,56,60,65,70,75 & 85 (W) 48,56,65 & 70 Total (10)
- Taolu: (10) 5 Male & 5 Female
- 1 (one) barehand routine: Changquan, Nanquan, Taijiqian,
- 1 (one) short weapon routine: Daoshu, Jianshu, Nandao, Taijiqian,
- (one) long weapon routine: Gunshu, Qiangshu, Nangun,
- (one) traditional barehand routine: men - Chaquan/Huaquan, women –
- Baguazhang,
- 1 (one) traditional weapon routine: men - Shuangdao, women – Shuangjian.

Final Selection trial shall be held on 3-4th May 2024 to shortlist the Indian Wushu team for the BRICS Games.

- Final Selection trial shall be open, the Asian Games Medallist, World Championships Medallists, World Cup Qualifying event medallist and medallist in the National championships shall be given weightage and will be placed in different pools of the draw.
- Every athlete/Camper has to undergo Skill test, fitness test and Medical test.
- In Sanda Round Robin system will follow, ranking of the players will be made as per the number of bouts he/she won.
- **In Taolu event, The performance will be based on the Overall performance and the degree of jumps i.e (720 for Men) & (540 degree for Women).**
- In case the athlete is new comer, the selection committee has to put on record, whom he has defeated his opponents' achievements and if any achievement in the Junior International championships.
- Same follows in Taolu

SELECTION TRIAL FOR THE 10TH ASIAN WUSHU CHAMPIONSHIP AND OTHER EVENTS OF IWUF WILL BE HELD ON 2-3RD MAY 2024.

- To finalise the Indian Wushu team for the forthcoming international events viz, Asian Championship and other IWUF approved events, Selection trial will be held in 02 Phases viz prior to Coaching camp, and final selection trial to shortlist Indian Wushu team for the championships.
- Shortlisting of Campers for the first phase will be 1:4 in Sanda and 1:3 athletes in Taolu .
- The selection committee of WAI will make the list of stand by campers for the inclusion in NCC in case of any injury or any problem to the campers.
- The selection trial details along with criteria of the selection trial will be shared with Affiliated units with the direction to share all the details with participating players for maintaining transparency. Moreover, the same policy will be uploaded on WAI Website

- Moreover, those athletes who attains the excellent results in these tests will be selected for the NCC participating in the 10th Asian Wushu championships

ELIGIBILITY CRITERIA FOR THE SELECTION TRIAL (10TH ASIAN WUSHU CHAMPIONSHIP AND OTHER IWUF EVENTS)

Every athlete has to submit the Medical fitness certificate, prior to any competition or any selection trial, the medical fitness certificate is mandatory as per the Norms.

Selection trial will be open, whereas the medalists of the 19th Asian Games, world championships and world cup qualifying athletes will be enrolled directly in the NCC provided they are medically and physically fit.

- The first 4 Medallists of the National Championship-23 will be given relaxation and will be put in different pools in the draw.
- Firstly, every athlete must undergo fitness test as per the norms laid down for both events. Those athletes who qualifies the physical fitness norms will be allowed to undergo for specific (Skill) tests.
- Those athletes who fails to fulfil the fitness norms, won't be eligible/allowed to undergo Specific (Skill) test.
- 10th Asian Championship: The selection trial will be held in all events mentioned in the regulations of the event.
- As per regulation in Sanda event only 13 players (8 M +5 W) can participate in the championship, the selection committee will shortlist 15 to 16 categories in order build competition among the campers. In sanda Round Robin system will follow, ranking of the players will be made as per the number of bouts he/she won.
- As per regulation in Taolu only 12 events (6M + 6F) can participate, the selection committee will shortlist 14 events to maintain the competition among the campers. In Taolu, emphasis will be given on the player's degree jump (720 degree) & girls (540 degree) and overall performance.
- Based on the Physical & specific (Skill) tests, the selection committee will shortlist the campers for the NCC as per the merit.

Weedout of the campers from the NCC:-

The National Chief coach with the cognizance of the other Coaches may recommend the selection committee of the WAI for the weeding out of the camper/Campers on the basis of their poor performance/indiscipline in the NCC. The selection committee may accept such recommendation without taking any thought as far as the discipline is concerned.

Final Selection trial will be held prior to 5 days of the final entry to be sent by name to the organising committee.

Final Selection trial to shortlist the Indian Wushu team for the 10th Asian Championship and other IWUF approved events.

- Final Selection trial shall be conducted amongst the campers to shortlist the Indian squad for the 10th Asian Wushu Championship/ (IWUF Approved events).
- Every athlete/Camper has to undergo Skill test, fitness test and medical test.
- In Sanda Round Robin system will follow, ranking of the players will be made as per the number of bouts he/she won.
- In Taolu, emphasis will be given on the player's degree of jump (720 degree) & girls (540 degree) and overall performance.
- In order to get the best 13 athletes out of 18, selection committee has to go through the overall performance in the bouts, the conduct, discipline and the past performance, in case the athlete is new comer, the selection committee has to put on record, whom he has defeated and his achievements. Same follows in Taolu
- Moreover, Those athletes who attains the excellent results in these tests will be selected for the Indian team participating in the Asian Championship and other IWUF approved events.

Note:-

- The National Chief coach with the cognizance of other Coaches may recommend debarring of National camper from taking part in the selection trial based on Poor performance or Indiscipline in the NCC, the selection committee may accept such recommendation without taking any thought for the better results in the events.
- Prior to National Coaching camp, every athlete has to submit the Medical fitness certificate (Test comprises for Taolu: BP & ECG & Sanda: BP, ECG & EEG).
- WAI will not entertain such players, who found of taking any prohibited substance of the WADA/NADA list.
- During the selection Trials WAI will request NADA team for the sampling of the players as per their norms to keep clean sports.
- During selection trial All SANSHOU bouts and Taolu events will be video graphed.
- This Selection policy to be shared with all Participating Players/National Campers & Coaches and Simultaneously to be uploaded on WAI website.
- All the selection trial communications shall be shared with MYAS and SAI well in advance, so that they may depute observer for the trial.

The selection committee members of the WAI for the NCC/Foreign exposure/Training/Competition.

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|--|-----------------|
| a) President of WAI | Chairman |
| b) National Chief Coach of India | Member |
| c) National Awardee | Member |
| d) International Player /Int Refree & Judge | Member |
| e) Observer from SAI | Member |

Wushu Association of India will invites ITO's and NTO's for the smooth, and transparent selection trial.

1. Physical fitness Test parameters (Taolu & Sanda) :-

A) 12 min. running (Basic endurance): -

Boys: -	
Excellent	3100 meter & above
Good	2800 mtr. to 3099 mtr.
Average	2500 mtr. to 2799 mtr.
Poor	Below 2500 mtr.
Girls :-	
Excellent	2900 meter & above
Good	2600 mtr. to 2899 mtr.
Average	2300 mtr. to 2599 mtr.
Poor	Below 2300 mtr.

(B) Taolu: - 600-METER RUN (SPEED ENDURANCE)

Boys: -	
Excellent	1:40 sec. & below
Good	1:41 sec. to 1:50 sec.
Average	1:51 sec. to 2:00 mins.
Poor	Above 2:00 mins.
Girls :-	
Excellent	2:00 mins. & below
Good	2:01 sec. to 2:10 sec.
Average	2:11 sec. to 2:20 Sec.
Poor	Above 2:20 sec.

(C). SANDA: - 800-METER RUN (SPEED ENDURANCE)

Boys: -	
Excellent	2:10 sec. & below
Good	2:11 sec. to 2:20 sec.
Average	2:21 sec. to 2:30 sec.
Poor	Above 2:30 sec.
Girls :-	
Excellent	2:40 sec. & below
Good	2:41 sec. to 2:50 sec.
Average	2:51 sec. to 3:00 mins.
Poor	Above 3:00 mins.

2. Specific Tests:-

(a). Sanda:-

Sparring with same weight category camper having duration of 2 mins each round as per the IWUF Norms. Round Robin system will follow in the trial, the first four winners will ranked as per their merit.

(b). Taolu:-

Each athlete has to perform full event, the selection committee will shortlist the best athlete performer keeping in view all the parameters. The best four athletes or scorers will be ranked or shortlisted for the NCC.

Medical fitness test:

(a). Taolu: BP and ECG.

(B). Sanda: BP, ECG and EEG