



DIRECTIVES FOR THE FINAL TRIALS OF THE 20TH ASIAN GAMES 2026

Organized by: Wushu Association of India
Venue: Sher-i-Kashmir Indoor Sports Complex
Dates: 05th to 08th June 2026

SCHEDULE OF ACTIVITIES

S. No.	Date	Time	Schedule	Venue
1	05th June 2026	05:00 AM to 06:00 AM	Registration	SKISC, Srinagar
2	05th June 2026	06:00 AM to 08:00 AM 04:00 PM to 06:00 PM	Physical Tests	Kashmir University, Srinagar
3	06th June 2026	08:00 AM to 09:00 AM	Weigh-In	SKISC, Srinagar
4	07th June 2026	09:00 AM to 12:00 Noon 04:00 PM to 06:00 PM	Bouts / Events	SKISC, Srinagar
5	08th June 2026	05:00 AM to 06:00 AM 10:00 AM to 12:00 Noon	Weigh-In Bouts / Events	SKISC, Srinagar

EVENT OVERVIEW

2026 Asian Games

Dates: 19th September to 4th October 2026

The Final Trials shall be conducted in accordance with the following Rules and Judging Methods (2024 Editions) and as per the selection policy updated in the WAI website

- IWUF Wushu Sanda Competition Rules & Judging Method
- IWUF Taolu Competition Rules & Judging Method

SANDA CATEGORY

Eligibility

Athletes between 16 to 40 years of age (born between 1st January 1986 and 31st December 2010) shall be eligible to participate.

Weight Categories

Men

- 56 Kg
- 60 Kg
- 65 Kg
- 70 Kg
- 75 Kg

Women

- 52 Kg
- 60 Kg

FORMAT OF BOUTS

Sanda

- Rules: New IWUF Sanda Rules (2024)
- Duration: 2-minute rounds
- System: Round Robin format; merit based on number of bouts won
- Athletes failing to meet the prescribed physical benchmark shall not proceed to the skill tests..
- The Top-7 overall performers across the Ranking Series and Top-1 athlete from the Open selection Trials held at Meerut are eligible for the Final Selection Trial

TAOLU CATEGORY

Eligibility

- Minimum Age: 14 years and above

Optional Routines

Bare Hand

- Changquan (Male/Female)

Male All-Round

- Gunshu – Daoshu
- Nanquan – Nangun

Female All-Round

- Jianshu – Qiangshu
- Nanquan – Nandao

Male/Female All-Round

- Taijiquan – Taijijian

TAOLU

The New IWUF Taolu Rules (2024) shall apply with emphasis on:

1. Quality of Movements
2. Degree of Difficulty

Performance Standards

Men

Degree of difficulty must include high-value jumps (720° + connections).

Example:

- 312a + 324b + 1

Women

Minimum one jump from Grade-B difficulty with connection.

Examples:

- 324b + 1
- Dynamic + Dynamic + Connection (e.g. 312a + 324a + 1)

Taijiquan / Taijijian**Men**

- 312a + 324c + 5
(or equivalent Grade-B jump/balance with connection)

Women

- 312a + 324b + 5
(or equivalent Grade-B jump/balance with connection)

Note: Best 04 athletes as per the list are eligible for the final selection trial

SELECTION COMMITTEE OF WAI

Designation	Role
President, WAI	Chairman
Executive Member	Member
National Chief Coach of India	Member
National Awardee	Member
International Player / International Referee & Judge	Member
Observer from SAI	Member

TECHNICAL OFFICIALS – SANDA

- Head Judge
- Assistant Head Judge
- Sideline Judges
- Platform Judges

The Wushu Association of India shall invite qualified ITOs and NTOs to ensure smooth, fair, and transparent conduct of the Final Selection Trials

IMPORTANT DIRECTIVES

1. The Trials shall be conducted strictly in accordance with IWUF Rules and Guidelines and as per the selection policy for the AG-26 updated on WAI website.
2. All bouts/events shall be videographed for transparency and technical review.
3. Physical fitness qualification is mandatory for participation in the skill tests/events.
4. All athletes must submit the following documents before participation:
 - Valid Indian Passport
 - Original Medical Fitness Certificate (issued within the last 15 days)
 - Waiver & Liability Form duly signed by parent/guardian
 - Valid Insurance Copy
5. No athlete shall be permitted to participate without submission of the above-mentioned documents.
6. A Doping Control Team shall remain present at the venue and all athletes must cooperate fully.
7. Any complaint, indiscipline, misconduct, or deviation from the prescribed norms shall invite strict disciplinary action.
8. All athletes shall bring their own equipment and competition uniforms as per their respective side/event requirements.
9. Please note: Sanda and Taolu athletes, who are not a part of NCC, Srinagar, shall bear Boarding, lodging, and transportation expenses at their own level.
10. The list of selected athletes along with the Waiver Form for the Final Trials is attached herewith.
11. All affiliated States/UT Units are requested to send their selected athletes strictly as per the approved list.
12. The final decision regarding the selection of athletes shall rest with the WAI Selection Committee.
13. There shall be no exemption in weigh-in. All athletes must report with exact body weight during the official weigh-in ceremonies scheduled on 6th and 8th June 2026. Athletes failing to make the prescribed weight shall not be eligible to participate in the Final Selection Trials.

Your Truly



Jitender Singh Bajwa

President

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